

耶穌復活後，一次耶穌向門徒顯現，門徒卻不知道向他們顯現的是耶穌。耶穌問他們：有吃的沒有？他們回答說，沒有。於是耶穌叫他們把網撒在右邊，就必得著。結果，他們得了一百五十三條大魚。今天晚上，我在問，有吃的沒有？我們的答案必定是，有。我們來這裏，就是要吃；也有魚吃。

感謝天父，我們有得吃，這是恩典。感謝天父，我們有健康，能吃，這是恩典。也感謝天父，我們今天一起吃，我們叫聚餐，是感恩聚餐，這是神的恩典。我們可聚在一起，又可以和我們的弟兄姊妹，朋友們一同吃，一同去感謝天父，賜福帶領華人恩典基督教會，經過三十五年的歲月。一些在教會有一段日子的弟兄姊妹，他們必然感受到聖經的話：祢以恩典為年歲的冠冕，祢的路徑都滴下脂油。(詩篇 65:11)

「民以食為天」，不但是中國人一向的觀念，這觀念我們的主耶穌也同樣看到，門徒向耶穌求教，我們該怎樣禱告，怎樣向天父祈求？耶穌教導門徒的祈禱，成為今天我們稱為主禱文的禱告，耶穌教導門徒的祈禱文中，其中一句，向天父祈求的就是「我們日用的飲食，今日賜給我們。」(太 6:11)

住在澳洲，日用的飲食，從沒有不足，除了想到自己的勞力，政府的德政，那更要想到那賜給我們陽光，雨水，讓草生長，讓蔬菜生長的天父，使牛羊有草吃，那我們有米，有蔬菜可吃，也有肉可吃。耶穌早已知道我們的需要，所以，教導我們在禱告中時刻向父神求，日用的飲食，今日賜給我們。**這是我們身體需要的食物**，因為食物有營養，好去維持我們的生命。

但是耶穌在地上時，說過這樣的話：「不要為那必壞的食物勞力，要為那存到永生的食物勞力，就是人子賜給你們的，因為人子是父神所印證的。」(約 6:27)從這節經文中，引出一個問題：人子耶穌賜給我們食物，甚至存到永生，那是甚麼食物？

約 6:35「耶穌說，我就是生命的糧，到我這裏來的，必定不餓，信我的，永遠不渴。」原來，耶穌就是那食物。自然想到，這不是供給身體需要的食物，乃

是供給我們心靈的需要的食物。甚麼最能滿足我們的心靈深處?使人心靈感到不餓，不渴，想應是「愛」。中國人也時常說(廣東話一俚語):有情飲水飽。耶穌釘身十架的愛，祂的身體被掛，如生命的糧，祂的血流出，如生命的水，要讓到祂那裏去的人，可嘗到祂愛的滋味，因為聖經說，神愛世人，甚至將祂的獨生子，賜給他們，叫一切信祂的，不至滅亡，反得永生。若你接受相信祂，可以得永生，這是我們的盼望。

尚未決定相信耶穌的，或許也是今天晚上，你的家人，朋友邀請你來與我們一起吃飯的用意，讓你知道，耶穌是生命的靈，是我們心靈的食物，也是我們的需要。

今天，我們已經相信耶穌，我們也知道我們身體所需要的食物，每天吃三餐，使我們不餓，又知道耶穌是生命的靈，是我們心靈的食物，讓我們因著愛，有盼望，心靈滿足。那我想問一問各位，你們知道耶穌吃甚麼食物嗎?

又是在約翰福音，記載著一次，耶穌的門徒拿了食物來給耶穌。約 4:31-34「這其間，門徒對耶穌說，拉比，請吃。耶穌說，我有食物吃，是你們不知道的。門徒就彼此對問說，莫非有人拿甚麼給祂吃麼。耶穌說，我的食物，就是遵行差我來者的旨意，作成祂的工。」

我們說寓工作於娛樂，這裏耶穌好像說寓工作於食物，寓工作於娛樂，意思是把工作融入娛樂裏，快樂中，若這樣，必能得著工作的滿足。

耶穌說，我的食物，就是遵行差我來者的旨意，作成祂的工。我的演譯是耶穌寓食物於工作，把食物融入工作中，那意思如何出來?想深一點，就可明白，因為食物使人得飽，得飽就是滿足，英文就是 Full, Satisfied。寓食物於工作，就是工作的滿足，如同我們能吃得飽一樣。這是耶穌所吃的食物，這是耶穌在地上為天父工作的態度。

踏上第三十六個年頭，我們相信了耶穌的，也應學習耶穌，吃耶穌所吃的，我們一同對天父說，我們的食物，不但是今天晚上快要吃的「一品大拼盤黑椒牛柳粒...」，更是要遵天父的旨意，作成祂的工。一同在教會裏為神作工，一同在教會中事奉，去得人，去引領人相信耶穌，讓他們得著從天父來的愛與盼望。阿們。

After Jesus's resurrection, he appeared to his disciples but they did not realise that it was Jesus. Jesus asked them whether they had caught any fish and they replied that they hadn't. Jesus then told them to throw their net on to the right side of the boat and they would make a catch. When they responded, they caught one hundred and fifty three fish. Tonight, if I ask you, "Do you have anything to eat?" Of course you will give me an affirmative answer because the purpose of our meeting here tonight is to enjoy a feast including a dish of fish.

Thanks to our Lord we don't have to worry about our next meal. This is God's grace and provision. We should thank our Lord as well for good health to enjoy the food, His further provision of grace. Tonight as we gather here to partake in this banquet to enjoy the delicious food with our dear friends and brothers and sisters in Christ, we want to express our gratitude for His wonderful grace and blessing over Grace Chinese Christian Church for the past 35 years. To those brothers and sisters who have been in the church for many years, you will certainly share the sentiment of the psalmist in Psalm 65, verse 11, "**you crown the year with your bounty, and your carts overthrow with abundance.**"

Not only do Chinese people regard food as of primary importance, this concept of the importance of food is also reflected in the prayer Jesus taught his disciples. When the disciples asked Jesus to teach them how to pray, Jesus gave them the Lord's Prayer which we pray every Sunday. One verse of this prayer "**give us today our daily bread**" highlights our Lord's compassion for our everyday needs.

We are never short of food in Australia. We may think that it is because of our hard work and the welfare policy of the Australian government. However, we must remember to thank our Heavenly Father, the source of all blessings, who blesses us with sunlight and rain water for the grass and vegetables to grow. The grass feeds flocks of sheep and herds of cattle and we can enjoy an abundant supply of rice, vegetables and meat. The Lord, understanding our daily needs well in advance, taught us to pray to Our Heavenly Father for this day our daily bread. We all need the nutrients in food to sustain our lives.

At the same time, Jesus once mentioned while on earth, ***“Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. On him God the Father has placed his seal of approval.”*** (John 6:27) This verse will give rise to a question; The Son of Man will provide us with a kind of food that endures to eternal life, what kind of food is He speaking of?

“Then Jesus declared, I am the bread of life, He who comes to me will never go hungry, and he who believes in me will never be thirsty.” (John 6:35) It is clearly stated here that Jesus is the food that endures. Of course, we are certain that Jesus did not refer to the food we need physically but the food we need spiritually. What can satisfy the vacuum in our soul and emptiness of heart that cause hunger and thirst in our spirit? I think the answer is ‘Love’. Chinese people always say, “with love, a drink of water is enough to satisfy your hunger. Let us take a look at the love Jesus Christ demonstrated through his crucifixion. His body, nailed to the cross and the blood He shed become our spiritual food. So anyone who comes to Him will experience His love. The Bible clearly states **“for God so loved the world that He gave his one and only Son that whoever believes in Him shall not perish but have eternal life.”** If you are willing to accept Jesus Christ as your personal Saviour, you will have eternal life. This is our hope for you.

Perhaps there are some guests here tonight who have not yet received Jesus Christ as their personal Saviour. This might be the reason why your friends or relatives invited you to this banquet. It is their sincere wish that through this you may know that in Jesus Christ is the spirit of life, He is the food of life and He is our need.

Today, as believers of Jesus Christ, we know that we need three meals a day to keep us full. We also know that in Jesus is the spirit of life and He is the food of life. We would like you to know, through the love of Jesus Christ, we have hope and our soul is satisfied. Now I want to ask one question, “Do you know what kind of food Jesus ate?” In John, 4:31-34, it is recorded that on one occasion, Jesus’ disciples brought him some food.

“Meanwhile his disciples urged him, “Rabbi, eat something.” But he said to them, “I have food to eat that you know nothing about.” Then his disciples said to each other, “Could someone have brought him food?” “My food,” said Jesus, “is to do the will of him who sent me and to finish his work.”

There is a saying, “combine business with pleasure”, but here it seems that Jesus combined work with food. Combine business with pleasure means that you treat work as pleasure, as a source of happiness. If you adopt this attitude, you can find fulfilment from your job.

Jesus said, ***“My food is to do the will of him who sent me and to finish his work.”*** My interpretation of this verse is that Jesus combined work with food. He integrated food into his work. When we try to explore deeper into the meaning, it is not difficult to understand that food makes people satisfied or full. Combine work with food refers to the satisfaction you obtain from work, just like you feel satisfied after having food. This is the food Jesus ate and this was the attitude Jesus adopted towards the completion of his father’s work.

As we step into the 36th year of our church’s ministry, as Christians, we should follow the footsteps of Jesus and we eat what he ate. Can we all respond to our Heavenly Father that the food we crave is not only the dishes we are going to enjoy tonight such as first rate roast pork combination, beef dices with black pepper, our food is also to do the will of our Heavenly Father and finish his work. Shall we all serve our Lord and get ourselves involved in the various ministries of our church. Let us win people over to Christ so that they can receive the love and hope from our Heavenly Father.